

Lim Kenpo History

1. Who has Aunty's 5th degree black belt?
 - Sifu Coree Foster
2. Who has Aunty's 5th degree black belt certificate?
 - Sigung Nuno Nunes
3. Who has Aunty's first black degree belt certificate?
 - Aunty does. It is the last certificate that Chief Al Tejero signed
4. Who was Sijo Emperado's first black belt?
 - Professor Marino Tiwanak
5. Who was Professor Marino Tiwanak's first black belt?
 - Chief Al Tejero
6. How long was Aunty a white belt?
 - 5 years
7. How long was Aunty a blue belt?
 - 5 years
8. Who promoted Aunty to Black Belt?
 - Chief Al Tejero
9. Who promoted Aunty to 5th Degree/master Instructor?
 - Grandmaster Allen Abad
10. Who is the youngest person to receive a Black Belt from Grandmaster and at what age?
 - Sibak Mercedes Montford age 11 years
11. Who was Aunty's training partner for 5 years?

- Michael Kioshi Lim, Grandmaster's son
12. Who was Grandmaster's training partners?
- Michael Tiwanak, Richard Berasis, Earl Berasis (All 1st degree black belts between the ages of 20-23 years at the time.)
13. Who taught Grandmaster his basics?
- Professor Rudy Serrano
14. Who taught Professor Rudy Serrano
- Professor Dan Cepeda from San Diego
15. Where was Grandmaster born?
- Yokohama, Japan
16. Where was Aunty born?
- Rockford, Ill
17. How many black belts has Grandmaster promoted?
- 68 and the only certificate he did not sign was Sifu Mehdi's
18. Who was Grandmaster's first Karate teacher?
- Professor Dan Cepeda
19. Name some Lim Kenpo Black Belts who live in Arizona.
- Aunty Patrice Lim, Sigung Jack Wimbish, Sifu Brian Barkley, Sifu Mehdi Hakik, Sifu Blythe Hakik, Sibak Chris Leineweber, Sibak Kyle Casciani, Sifu Sarge Santa Romana, Sifu Diana Joy, Sibak Janaile Santa Romana
20. Name some Lim Kenpo Black Belts who live in Outside Arizona
- Sigung Nuno Nunes, Sifu Ana Nunes – Portugal
 - Sifu Coree Foster – South Dakota
 - Sibak Brent Dean – Wyoming
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21. Name the Lim Kenpo Honorary Black Belts?
- Cody Newcomb, Kevin Casciani, Silvestre Serafim, Dejon Stutz

22. Where was Olohe Solomon Kaihewalu born?
 - Paloma Settlement, Hawaii 1926
23. Who asked Grandmaster if he would accept the promotion of the rank and title of “Professor” and on what day?
 - Sijo Adriano Emperado, Feb. 20, 2005. The actual promotion took place in Vallejo, California on June 15th, 2005
24. Who asked Aunty if she would accept the promotion to 7th degree, Sigung and on what day?
 - Sijo Adriano Emperado, Feb. 20, 2005. The actual promotion took place in Vallejo, California on June 15th, 2005
25. What did Professor Marino Tiwanak do before he began Kenpo training?
 - He was a professional world-class boxer
26. How old was Grandmaster Allen Abad when he started training in Hawaii?
 - He was 9 years old.
27. Who has been said to have moves like “liquid fire”?
 - Grandmaster Allen Abad
28. Who is known as the “Sickle Man” and why?
 - Dai Shihan Ted Tabura – for his mastery in the use of the kama

GENERAL HISTORY

29. What is Kenpo Karate?
 - An art of self-defense that protects the human rights derived from God.
30. Who originated Kenpo?
 - The great Priest Daruma, Buddha the 29th
31. Where did Kenpo originate from?
 - The Far East

32. Place and year

- China, 525 a.d.

33. Where did Daruma Buddha come from?

- India

34. Why did he go to China?

- To tell the Great Emperor Wu the true ways of Buddhism

35. How old was Daruma Buddha when he arrived in China?

- 130 years old

36. What is Lim Kenpo Karate?

- It is a full circle of the family of Kenpo arts. It is the combination of the hard Hawaiian style Kenpo and the circular motions of the Chinese Kenpo.